

LHC Meeting 5/27/21

### **Attendance**

Abigail Liedl-Wingra  
Adrian Jones-UW  
Alyssa M Ramirez  
Alyssa Ramirez Stege-UW-Madison  
Ana Karina Cuellar Montes - UW Health Breast Center  
Anne Plesch- SSM Health  
Arcelia-Padres e hijos en Accion  
Arely Tinoco-GHC  
Armando Hernandez-JMH  
Corina Rainey-Moore-Meriter  
Erika ?-Padres en Accion  
Elizabeth Ringle-Wis. Medical Society Foundation  
Evelyn Cruz-Centro Hispano  
Faatima Khan- Agrace  
Fernando Cano Ospina - Mendota Mental Health Institute (MMHI)  
Garrett Tusler-New Bridge Madison  
Hannah Flanagan-JMH  
Hector Portillo-padres e hijos en accion  
Jacqueline Rodriguez-PALMA  
Jhonatan Reel-Unidos  
Joshy Castillo-?  
Julia Stanley-New Bridge  
Juan Carlos Cabrera - Executive Assistant for LHC  
Judith Rasmussen - Wisconsin Council of the Blind & Visually Impaired  
Katie Hensel-Tri4Schools  
Kirsten Norslien-Gilda's Club  
Kattia Jimenz – All of US research program at UW Madison School of Medicine and Public Health (SMPH)  
Martha Saucedo - Access Community Health Center (ACHC)  
Patricia Tellez-Girón - Dept. of Family Medicine and Community Health, UW Madison SMPH  
Rosa Rhoden – Quartz  
Sachin Gupte-?  
Simran Arora-JMH Clinica Latina  
Susan Cranley-?  
Shiva Bidar - UW Health  
Valerie Aguilar-UW Medical Students Association

**Meditation:** 'Connecting with Yourself', Deep Breathing Exercise led by Martha Saucedo

**Ice Breaker:** Finding the LHC official pet: Dog, Cat, Fish, or Turtle? Official LHC outcome: Dogs!

**Minutes** Approved by Martha Saucedo, Fernando Cano, 2<sup>nd</sup>. Correction: Judith's last name was missing & will be added.

### **Announcements**

Fernando Cano: Mendota Mental Health is hiring nurses, psychologist, psychiatric care technician see webpage for more information. Please visit [www.wiscjobs.net](http://www.wiscjobs.net) for job post information.

State of Wis, Dept of Health Services office of Equity and Inclusion is hiring for Director posted at WiscJobs. Three plus positions within the dept will soon be posted too, so visit their webpage.

Hector Portillo: Padres e hijos en Accion has a position open for Bilingual Family Advocate, see upcoming email via LaSup for more information about the post. During the recent Covid vaccine clinic event they received feedback requesting more family friendly activities. That feedback resulted in the upcoming community event planned for Saturday,

May 29,2021. They will have soccer Clinic, bicycle activity, gardening event for families for children with special needs. Thank you to LHC for all they do regarding Covid Vaccination dissemination of information. Staff are going the extra mile to reach families.

Katie Hensel: Tri4Schools will be hosting a Bike & Run event on June 19,2021, at Sun Prairie Athletic Club for children ages 3 to 14yrs old (Note: bicycles and helmets will be provided). For more information and to register click on link: <https://tri4schools.org/events/>. Money raised from the event will benefit school health and wellness programs. Everyone welcomed; scholarships are available, please see link. If you wish to volunteer, please contact Katie.

-last trail run was successful and individuals have provided great, positive feedback.

#### **Awards:**

The LHC has been awarded the **Community Impact Award** by the Latino Chamber of Commerce in recognition of all the work done regarding Covid Vaccination. The award will be virtually provided on Friday, May 28, 2021, with a small reception on Saturday May 29, 2021.

Wisconsin Public Health Association- Racial Equity Membership Award: This is a Membership based award so there is no official ceremony, instead the LHC is getting Free Membership to the Wisconsin Public Health Association. Dr. Tellez-Giron and Shiva Bidar will utilize the 2 free memberships to stay connected with them. Virtual celebration will be this Friday and link will be forwarded to LHC for viewing afterwards.

#### **Old Business:**

**Membership Agreement Update:** most organizations have submitted their membership fees; any questions please email Patricia Tellez-Giron. Juan Carlos and Dr. Tellez-Giron will do a final review and send out email reminders to anyone whose membership fees are still missing.

#### **Covid Update:**

Recent activities done are many promotions, forums, commercials, Radio Novelas have been done. Now Videos will be placed in Fb which you can share in your organizations. Hesitation in obtaining vaccine seems to be due to lack of good information. If you have families needing more 1:1 assistance, please refer families to Dr. Tellez-Giron at 608-441-9918, individuals will be contacted by UW-health staff.

Public Health still offering drive-thru vaccine services at Alliant Center. Saturday and evening hours available.

Local Latinx Artist will be designing a flyer which will be posted in every Latinx run business! They will have smaller flyers for patrons to take home. This has been a collaboration effort with the Latino Chamber of Commerce. Palma students will distribute the flyers and educate business owners about the importance of vaccination and provide them resources that they can share with employees.

Future initiatives: extra monthly radio programs will continue until August 2021. Thanks to DHS LHC will start to promote information thru radio station, La Sabrosa.

For Padres e hijos en Accion: LHC has printed materials that have most frequent questions that will be given to Arcelia and Erika, per their request.

LHC en Espanol has many videos by Martha Saucedo and Fernando Cano have been posted in Fb page, please refer clients/anyone to our FB.

### **New Business:**

UW Health CHNA Focus Group: Corina Rainey-Moore and Adrian Jones

1)How would you describe the current health status of your community? The question is all encompassing. Covid has made answering this question challenging for multiple reasons. For example: there are different health status among the Latinx community, 1<sup>st</sup> and 2<sup>nd</sup> latinx immigrant generations differ in access to health care, lack of health insurance compared to white peers, increase in sexual assault cases, increasing feelings of depression & isolation, and mental health services lacking culturally competent professionals to provide services.

Fernando rated the health as Fair to less than Fair. Jhonatan rated the community as 'Low' adding a score of 3 or 4 out of 10; added that health care benefits for BH is limited in scope & accessibility. Another factor is legal representation that affects the level of safety that families feel & hinders the health of many Latinx families. Evelyn shared that housing is a huge impediment, crowding causing stress giving rise to abuse. Plus, having access to virtual world is lacking, support for front-line workers is missing, employment support is lacking, lack of access to school was slow causing students to fall behind. Access to funding is more challenging to obtain for rural families-transportation, language barriers, cultural challenges, online accessibility & support in navigating it are barriers. In essence, covid exposed previously existing inequalities that have only been deepened. However, the community is resilient, resourceful, and brings their own set of assets.

Shiva raised the Complexities of the communities with the arrivals of many immigrants from Central America that come with new challenges, different circumstances, and trauma and medical needs. Dr. Tellez added that we can expect a growing number of such immigrants.

2)How does where people live in their social circumstances, such as race, culture, education, and finances affect their health?

“Social determinants of health determine health,” Fernando Cano. All previous issues mentioned before determine access, determine risk factors, other aspects are gender issues, LGBTQ issues, language, including immigration policies and the poor political messaging regarding the Latinx community

continues to influence the perceptions of white America. Everything goes hand in hand affecting the community negatively.

Dr. Tellez-Giron added that social issues influence her medical care approach. Families first need to have their basic needs met, in order, for them to address medical care concerns. First issue with covid was about providing financial stability and assistance to families. The 2<sup>nd</sup> issue was mental health instability considering that families have historically dealt with a lot of trauma & abuse and covid simply added more, yet the community shows resiliency in managing crisis. Financial concerns & isolation continue to affect families, the elderly, and those suffering with physical disabilities. After 18 months of isolation and wearing masks how to move forward for elderly who are vaccinated has caused worry and confusion. Social conditioning have worsen and new systems need to be established.

Evelyn added that civic engagement and community capacity building needs to be part of the questions. A lot of investment has been poured into Dane County to allow the community to come together, this doesn't happen in parts outside of Dane. The level of preparedness affects the structures that should be in place to help the community when crisis happen. How are community agencies working to help the community to keep levels of stress down, build civic engagement, and maintain stability? Fernando added that we need to investment in changing the system and the question needs to be asked, "How are institutions created?"

3)What do you think medical providers/health care organizations should be doing about the things in your neighborhood, your community, & things around social needs that affect your community's health?

Providers need to listen to the patient & not predetermine for the patient how they should be caring for themselves or loved ones, apply cultural humility, do house visits too.

Rosa shared that families both w/in and outside of Dane county including families in both in rural communities continue to need the System changes to the hours

Shiva added that there is a need a more holistic approach to health and the delivery system including the health insurance system. Dr. Tellez-Giron expanded on the need for provider systems to hire non-white providers, but rather providers that look like the community. Plus, the need for physicians to be allowed in the community to gain knowledge and awareness of the community its resources, in order, to provide quality care and apply appropriate referral to their patients. The creation of programs is not sufficient as much as the creation of programs and services that the patient/community wants and specify as a need such as parks, grocery stores, education, and community building events. The need for expanding current bus/transportation coverage area.

Pick 2 to 3 words that resonant with your community regarding resiliency.

Latino Health Council, latino Children's Council, etc. concern is that resilience can be used against the people due to lack of presence, systemic challenges, lack of resources, etc. Minority status, added Dr. Tellez is used against us as well for the same reasons, lack of votes, lack of complaints, lack of presence, low numbers, lack of voice. Silence is a killer.

Family is community = support

provider well-being in cultures of wellness. Providers need to be well in order to serve the Latinx or underserved communities well. Joy-Connection-Hope

## **Presentation**

Journey Mental Health (JMH)

Armando Hernandez and Hannah Flanagan Director of Emergency Services

**Contact info:** a.hernandez@journeymhc.org and hannah.flanagan@journeymhc.org

Purpose Gen. Update of Cares and Emergency Services

JMH, est. 1948, has 30 different programs, medium size organization, full continuum of care offered with 350 employees. Model of delivery based on culturally competent, recovery oriented, evidence base and trauma informed services that are Grounding Orienting Principles.

Armando rejoined JMH as of Jan 2021, approaches his role thru a lense emphasizing the need to: Nurture belonging, Promote equity, & Build racial justice.

Best practices & policies = targeted universalism, develop a common language, and framing etc. Please see (powerpoint which will be provided)

Note: Positions open for Clinica Latina (see future link)

### **Hannah Flanagan: Emergency Services**

Pilot Project initiated in which Paramedics + JMH respond to incoming calls

This is in response to 911 calls that were addressing behavioral health concerns. JMH filled 2 positions by people of color (funded by Cares Team) with the goal to engage to de-escalate, be the on-scene intervention, & appropriate referral for services.

Time frame: The pilot program will start before end of summer 2021 and will concentrate around the Williamson Street-Fire station which was identified as a high-volume call area. Hours will be Monday thru Friday from 11am to 7pm which is the time frame when the bulk of calls come thru.

Re-Engaging: Open to suggestions on how to connect with community

Dr. Tellez reminded the group to get your vaccine

June Meeting will not be on 4th Thursday of the month