



Latino Health Council Join Zoom Meeting

April 20, 2023 **Time:** 9:30-11:30

Meditation exercise: Try to forget about all the things from the past and the future, even from the next 5 minutes. We will concentrate only on our breathing, the passing of oxygen through our nose, then through our trachea and our lungs. Repeat the exercise three times, and we are ready for our meeting.

1. Introductions: Say your name, the organization you represent, and how you feel today through music. The three options are: heavy metal, salsa, and slow music!

Present participants: Dr. Patricia Tellez Giron physician from de department of health medicine & co-chair from LHC, Julio Molina case manager at the BHC, Sheila director of specialty carefree clinic, Araceli Nord from Padres e Hijos in Accion, Stacey social worker from Wingra family medicine. Ze Ramirez, Rodrigo Valdivia the diversity recruitment specialist from Dane County, Holly Crook Castaneda from Agrace grief center, Sachin Gupte from center with patient's partnership, Laura Larracilla from language services at GHC, Johnathan from Unidos, Jaqueline Rodriguez pre-medical student, Mildred Bautista bilingual health coordinator, Juan Carlos Cabrera LHC, Judith Rassmussen Council of the blind, Hector Portillo Director at Padres e Hijos, Victor Petrasevicious case manager at Centro Hispano, Dr. Maria Mora Pinzon preventive medicine physician. Shiva Bidar-Sielaff, chief diversity officer at UW hospital.

2. Minutes (approval/corrections)

There were no modifications to the March meeting minutes.

Motion to approve by Judith Rasmussen, Sachin G. was second to approve.

Minutes for the March meeting approved.

3. Announcements

- Johnathan: **Unidos** is looking for an Executive Director Assistance application open in Indeed; FB link is available. Please share the information around.
- Victor: Centro Hispano will have an annual strategic update meeting on Wednesday. This meeting will discuss how Centro will move forward this year and the years after. Registration is required as it can get crowded. Hope to see you there next Wednesday.

Dr. Tellez asked for any updates about the New Building: Victor doesn't have much information. They are hoping for an opening by December or January. The entire building might be completed by early spring next year.

Centro Hispano is growing and moving into a brand-new home. They got a significant donation and are still fundraising to make it happen. It will be in the same area. We are excited! Dr. Tellez shared how our community is growing; she has lived there for 30 years. To see Centro expanding, Academia Latina moving to a new place is fantastic in the same neighborhood. There are always more needs to fulfill in our community. Dr. Tellez says that we are stronger

together than if we were going to do things alone. Networking is essential in getting to know each other needs.

No more announcements.

4. Old business:

- MHCC 4/22/23 We will have our Mental Health community conference this Saturday after three years of not having it. We have 120 people signed up for the conference, including 20 volunteer students ranging from High school, pre-med & med school. This part is so important to get them to learn about our community and how to become leaders. One of the student volunteers is starting residence with our program and shared that one of the things that meant a lot for him was when Dr. Tellez pointed him to lead the organizing of the event. He felt trusted. Dr. Tellez mentioned how we never know how you will touch someone else's life.

Thanks to Jaqueline for her help with organizing transportation; many people needed help with that. All presenters are lined up.

The activities available will be:

Zumba, nutrition, meditation, and how to communicate better with teachers.

The food for the event will come from el Pastor. There will be Mariachi for lunch hour.

Prices were donated by Martha's husband, including coffee makers, shavers, \$10 gift cards for woodman's to encourage participation.

- Dr. Mora will have an information table about Alzheimer's resources.
- Mexican consulates will have a table with information; if people need an appointment, they could be seen the following week as soon as possible. There is a lot of collaboration with the consulate with our community.
- After the presentation, we will have a panel of four organizations to share their services. We already know there is a shortage of mental health providers. However, some organizations like Unidos, RISE, Martha from Access community centers, and Shiva Vidar from UW hospitals will speak about the services available at their organizations.
Thanks to Juan Carlos, he has been excellent; this is his second entire conference. He has been helping with all preparation, along with the volunteers.
If you didn't register but want to come, you are welcome. "Mi casa es su casa" you are welcome to come!

Location: Luther Memorial Church, 1021 University Ave. Madison WI.

Thanks to the organizations that believe in us and provided us with funding: Edgewood & to Dr. Pinzon for her help to find Grants for the LHC and for doing a great job with our elderly.

COVID updates: May 11th is an important day; the emergency will end. We are still encouraging people to get their vaccine. Testing will be going away. We will be giving out free test kits, masks & sanitizer. We are glad we haven't seen the worsening of the situation. We still see patients with sequels from covid, and we are seeing patients with COVID still. Washing your hands is so important.

Shiva gave an update on the EPA (Environmental Protection Agency) grant. The grant is about environmental justice and how pollutants impact people's quality of life in communities of color, in our case, the Latin X community. We are helping communities engage and understand how this affects them. This project will involve radio programs, social media, and community conversations; it is a three-year grant. Paperwork with the city is just being finalized.

Thanks to Elizabeth for helping LHC with the grant to keep MOLA going.

The LHC is in collaboration with the OBY department of the university. Ways to make services more accessible to the Latino community. Coming up, we will have meetings to discuss child-infant wellness with Mildred.

We are currently working with the Mexican consulate campaign about fentanyl.

Dr. Mora updates about MOLA Wisconsin.

We are starting official fundraising campaigns. We are supporting the activities of the LHC. Mola is for anyone in the healthcare profession. We are working on providing mentoring and connecting students. MOLA has mentorship programs for high school, college, and med students on how to support each other. MOLA works in partnership with MOLA Chicago. Opportunities to get involved will be shared through the LHC.

5. Presentations

#1. UW Health Update by Shiva Bidar.

Who are we?

UW Health is a system with 8 hospitals located in Wisconsin and Illinois.

90 Primary and Specialty Outpatient Clinics.

1,849 physicians, almost 23,000 employees, and serve 720, 000 patients a year.

The mission of UW-Health includes social responsibility.

Shiva works as the Chief Diversity Officer.

Their goal is to: Positively impact health equity and eliminate health disparities impacting the Latin X community. UW is ensuring that patients receive the care they need, addressing issues of racism and structural racism.

Part of the Strategic Plan of UW is the importance of diversity, equity, and inclusion since 2020, right next to health quality. The work that is done around diversity, equity, and inclusion has the vision of actively dismantling racism, using strategies that start with eliminating racism, starting with the staff. Many people do this work.

Advocacy.

Example: We use our social media to highlight the importance of those employees that work in healthcare and are part of DACA and increase awareness of who they are and what they do.

Needs Assessment

Obama Care, or the Affordable care act, requires every nonprofit hospital to get a needs assessment done every three years to assess the highest needs in our community. We have done this in partnership with other organizations in the community. LHC has been involved in this assessment to provide input. There are four focus areas:

1. Reproductive Justice
2. Chronic Conditions
3. Behavioral Health
4. Injury Prevention

Dismantling racism by investing in the community. We provide funds to community-based organizations in the community. One of them is the LHC; we have given about 4 million dollars this year. This is a trust-based grant; we know that the organizations will do a good use of the funds.

Language access: Interpreters are provided for families that need those services. UW counts with healthcare professionals that are qualified to provide bilingual services. Evaluations for healthcare staff are done through Alta. All that are part of the health care system in Dane County hire interpreters that are certified at the National Level, institutions like SSMHealth, Public Health, unity point Meriter and Agrace, and Access Community Center. Some other organizations that provide behavioral services might have a different requirement.

Financial assistance program

The program assists people with medical bills; it is for people that are uninsured or underinsured. This is for anyone with a high-cost medical bill. Policies are posted on our website; everything is in plain language and is available in Spanish.

Who qualifies is based on a sliding scale that looks at a total household and goes up to 600% above the federal poverty line. The guidelines take into consideration your income and your expenses as well.

We have a place in our organization staffed with bilingual individuals depending on the demands of services.

Questions?

Rodrigo: "I'm wondering if you have challenges finding interpreters."

Answer: There is a little trouble finding certified interpreters.

UW partners with Madison College to get qualified interpreters.

Retention has been critical. UW hires many DACA participants as interpreters.

UW sees a variety of patients, from cancer patients to trauma patients. The UW Children's hospital sees many patients as well.

Patients that are seen need to be medically appropriate to be seen at UW. They are not seen as a primary patient but only when needing specialty treatment. Another requirement to receive treatment is that a patient is a resident of the State of Wisconsin.

Victor: How frequently could a person apply for financial assistance?

Answer:

Once approved is good for 6 months and is retroactive.

If they are seen at UW health, it covers care received at the hospital.

UW health sees patients from all over the State and some out of the State. UW sees patients that may come from Illinois as well.

#2 Padres e Hijos en Acción by Hector Portillo

Padres e Hijos en Accion is a nonprofit organization that serves families with kids with disabilities in Dane County.

We are currently in the last year of a 3-year grant from Community of Solutions for Health Equity or CSHE.

What is Padres e Hijos doing? How do we serve the Latino community?

Presentations:

- UCED November 2022 in Washington DC
- CSHE Project
- Social Workers Confronting Racial Injustice Conference
- Effective Practices When Working with Latino Community
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- IN-PERSON INTERPRETER TRAINING
- CESA 1, 4, and 6
- CESA 2 (VIRTUAL) June 16th, 2023, CESA 11 In person August 2023
- Hawthorne Elementary School
- Resource fairs
- MMSD and Beaver Dam School District
- Autism Conference (Green Bay April 21, 2023)

- 2023 Circles of Life Conference. Padres will be taking 115 people to the event on May 10, 11, and 12, 2023.

Padres e hijos en accion took many families to Wisconsin Dells to attend the Self Determination Conference designed for people with special needs. These conferences provide training that helps families to support themselves and their loved ones better.

Padres e hijos is seeking more inclusion and equity for individuals with special needs.

Padres e hijos works hard to provide families with respite training.

Past Events:

- Respite consintiendo a mama. [pictures shared]
- The yearly Christmas party. Attendance of over 170 people.
- CPR training provided through Madison College to over 20 individuals.
- Respite Trainings.

Current events and Trainings

- Mental Health training sessions by Anesis therapy center total of 3 sessions so far. Topics of bullying and harassment are covered.
- Respite services offer to families during training sessions.
- Nutrition classes for families.
- Continue to support families with technical assistance to connect them with the services they need.
- Training to promote leadership skills and advocacy.
- Sublimation training for individuals.
- Training about transition services; what is available for young adults with children with disabilities?

Padres e Hijos is looking for the support of other organizations that help involve youth with special needs to partake in an internship or a program that allows them to feel included and able to improve and apply their skills.

Meeting adjourned at 11:08