

## LHC Meeting Jul 22, 2021

Martha - Centering exercise (9:30-9:40)

Ice Breaker- Favorite Restaurant in town (9:40-10)

1. Patricia Tellez-Giron -UW Department of Family Medicine
2. Shiva Bidar-UW Health
3. Juan Carlos-Executive Assistant LHC
4. Arely Tinoco-GHC
5. Mayra Betancourt- UW Student
6. Katie Hensel- Tri 4 Schools
7. Fernando Cano-Mendota Mental Health
8. Angelica Catalan- Madison Senior Center
9. Faatima Khan-Agrace
10. Judith Rasmussen- Wisconsin Council of the Blind
11. Caroline- ABC for Health
12. Shelly Shaw- UW Family Medicine
13. Evelyn Cruz- Centro Hispano
14. Lourdes Shandani- Public Health
15. Rodrigo Valdivia- Dane County Office for Equity and Inclusion
16. Rosario Rhoden-Quartz
17. Evie Storto- Journey Clinica Latina
18. Andre- North East Clinic
19. Felipe Mesa- ABC for Health
20. Rachel- North East Clinic
21. Jagreet Sekhon- North East Clinic
22. Melanie Biegler- North East Clinic
23. Taylor Ross- Family Medicine
24. Ana Karina Cuello- Breast and Cervical Cancer UW
25. Martha Saucedo- Access
26. Chris Chapman- HIV Care and Prevention
27. Rebeca Liebl- Family Medicine
28. Julio Molina- Vibrant Health
29. Sachin Gupte- Center for patients partnerships
30. Jose Carrillo- Family Medicine
31. Hanna Flannagan- Journey Mental Health
32. Valerie Aguilar- UWSMPH
33. Kirsten Norslien- Gildas Club
34. Claudia Bustillo-
35. Jhonathan Real- Unidos
36. Kristi Jones- UWSMPH
37. Joshy Castillo- Plan Parenthood

Minutes Approval: Date change to May 27

Announcements:

- Kirsten - Gilda's workshop on managing an uncertain life in Spanish on August 14
- Felipe - Joining UW-Madison MPH program (Caroline taking over as ABC for health Rep).
- Faatima and Fernando - Collaboration w/ Agrace on Grief Support Series (September 8 start of 6 session pilot; Wednesdays 6pm-7:30); Educational rather than support group. Open to the public and free. Each session is independent (do not need to attend every session) and requires registration. Not on facebook live. Sessions will not be recorded to protect participants' privacy. Last session (October 13) will be on resources in the community - looking for guests that participants can connect with.
- Fernando - Mendota is hiring: Cook w/ \$1000 signing bonus. CNA positions available through Wisc jobs; Part time psychiatrist and full time psychologist; Electrician.
- Fernando - brother is tourist guide in Costa Rica; virtual tourism through Amazon Explore; Donating a trip to the seniors group

Update on Vaccines

- Key is collaboration - identifying where people want access to the vaccine. 57.9% vaccination rate in Latinx community in Dane County. Adults (18+) receiving at least one dose (68?%). Wingra clinic is most popular site along with public health sites. Mobile clinics are not effective. Distributing info about how to schedule vaccine appointments. Most health systems in the process of integrating vaccine through primary care. Flu shots should be upcoming. Numerous community information sessions through media partners. Monthly meeting with the Mexican Consulate on facebook (August 5 at 10am). Delta variant has led to increase number of cases and stresses the importance of vaccines. Continue to wash hands, social distance, and wear a mask.
- Latino Chamber of Commerce - recruited Mayra to lead media outreach - how to talk with business owners. Tables outside Latino owned businesses to provide information. Providing shopping bags with poster and vaccine info.
- Creating a network that includes Latino Children and Family Council. Also talking to landlords.
- Emphasizing info on how to get tested, giving masks.
- Stress on providers - support from community connections; Wingra environment feels like family. Self care. Biggest worry is the lack of masks as the pandemic is not over.
- Recommendation from CDC is NOT to not wear a mask but rather it is not mandatory. Encourage each other to wear a mask regardless of vaccination status.

Presentation

Tri 4 Schools (Katie)

- Empower kids, schools, and communities to be healthy and happy.
- Non profit started in 2011. Host triathlons.
- Response to childhood obesity ( $\frac{1}{3}$  is overweight by age 2); life expectancy of children is 5 years shorter than their parents.
- Dane County - less than \$200/year is devoted to health and fitness and education

- Not enough phy-ed requirements (can opt out by high school); Kids without access to extracurricular activities are harmed most.
- Why Triathlon? Katie's personal background. Connection to Ironman, active lifestyle, health disparities, school funding. Top ten idea to end childhood obesity in 2013. Winner of 2017 WI Innovation Award.
- Including health in career change - started non-profit. Raised money and put it back into the school system.
- Three youth triathlons: Waunakee, Sun Prairie, and Middleton. Training Team program - elementary and middle school after school program to prepare for triathlon. Grant program - areas and groups that need more funding.
- Reducing barriers - offering multiple distances, not determined by age. Adaptive distance (customized distance). Relay teams. Offer financial aid and equipment. Support for swimming (noodle). Offer busing to get kids and families to events.
- Focus area - at risk communities (at risk of chronic health/obesity). Low-income communities and rural communities.
- Events open to the public, children 3-14. Sign up for race or program and list school. 75% reinvested in the school and 25% goes to a grant pool.
- Focus on dual language schools. Spanish information available, including phone line. Community bike partnerships.
- Looking for board and committee members. Looking for more community sites for programs. "Pop up" events rather than busing kids to locations elsewhere.

#### Rodrigo (Diversity Recruitment specialist for Dane County)

- Inclusion and opportunities for jobs in local community for those who otherwise wouldn't have access/opportunities.
- Provide outreach to minority groups; Alternative selection process - positions are not posted publicly, sent exclusively to community partners who work with socio-economically disadvantaged populations or persons with disabilities. Goal is to provide pathways to employment.
- A tale of two cities - income disparity between whites and communities of color most drastic between white and black communities.
- Dane County one of the largest employers. Potential economic mobility and financial stability.
- Benefits include; health and dental premiums covered by the county; wisconsin retirement system, disability, vision, flex accounts, parking \$15/month; vacation 2-3 week per year. Sick leave can pay for health care in retirement.
- Currently 82% employees are white, 4.9% are latino (11% of all hires in the past year); 53% of all employees are women.
- Alternative selection process - typically entry level positions. Candidates must still meet minimum qualifications. Goal is to double the use of this process in 2022.
- Each department has dedicated equity plans - goal is to increase visibility and accountability to these plans.
- Strategies to eliminate bias during the selection process.
- Targeted recruitment for departments lacking representation.

- Dane County will be majority people of color by 2040.
- Dane County Career Opportunities - create profile to apply. Initial screening focuses on education, training, experience, and special requirements.