

Latino Health Council Meeting  
October 27, 2022  
9:30 am to 11:30 am

**Introductions:** Meeting called to order at 9:32 am. Martha Saucedo guided members through a meditation exercise. Members and guests signed in to the google doc. Everyone introduced themselves and shared positive and challenging emotions during the year. See attendance spreadsheet for member attendance.

**Minutes Approval:** Tehmina moved to approve the September 2022 minutes. Lourdes seconded. Motion passed.

**Announcements:**

- Fernando posted about a Parent/Child plus program with space for 25 families that provides two weekly visits for two years to help children with development and early literacy. Children need to be at least two years old. This is also designed to help children and families to prepare for 4K/school. No requirements for income or citizenship.
- Fernando announced they are looking for a supervisor position for the Respite center. Please send anyone you know to Fernando.  
<https://risewisconsin.org/employment/current-opportunities/> this is the link for all employment opportunities at RISE
- Julio announced that there is now a Spanish line to provide referrals for mental health or substance abuse concerns. This is the phone number: 608-267-1746 option #2
- For students, the Foundation has the Future Superhero of Medicine fund for under-represented medical professional students. The fund provides for MCAT and STEP1 and STEP2 QBank study support. The application is here:  
<https://form.jotform.com/202116769467159>
- Evie is looking for a group home for a family she is supporting. If anyone has any suggestions, please contact Evie. This particular family has limited resources and citizenship challenges.
- Friday, November 4, 5:00 to 8:00 PM; 754 Williamson Street  
We are displaying the works of eight visually impaired artists from across Wisconsin. Media include: acrylic, watercolor, photography and wood.  
6:00 PM artists will each speak for five minutes about how they create their work with their visual impairment. Food will be provided. More info: [Wcblind.org](http://Wcblind.org)

**Covid updates:** Dr. Tellez reminded members about the importance of public health's message to get a flu vaccine and how this type of protection is important, especially with covid infection risk and complications. Public Health gives free flu shots to people 6 months and older in Dane County who have BadgerCare, or who don't have insurance. People can call (608) 266-4821 to make an appointment

**Consulting:** LHC is collaborating to gather more information from community leaders to check vision and eye care for community members with diabetes. Christian also shared that their team will be going to Access Community Health Centers to train people to enhance this program. The research community study is looking for two more community members to participate.

LHC is also working with Dr. Maria Mora about our media outreach campaign. We are also collaborating to work with clients with Alzheimers in the Latinx community. She has also been able to secure some grant funding for LHC to work on this project.

**Mentoring:** MOLA Wisconsin was launched and we had our first graduate to medical school, Christian!

LHC also launched EnRICH (Enhancing representation to improve our community's health) with the Department of Family Medicine and Community Health. This program aims to provide mentorship, clinical experiences, and community work to underrepresented students interested on primary care. The first cohort consists of 15 students along with mentors.

Dr. Tellez-Giron offered an introduction to Latino Health Council and the work LHC has done in the community. She also described the benefits and responsibilities of membership. Juan Carlos shared the 2023 minute takers lists and the presentations list for members to sign up. LHC will begin to host their conferences/events in-person again so please stay tuned for how members can assist.

#### **Planning Meeting time and updates:**

Shiva updated members about the Finance Committee work. In order for us to continue to financial stability, our large organizational partners' support is essential, especially with in-person events starting up again in 2023.

Tehmina updated members about the Membership Committee work. Rosa and Tehmina will be co-chairs for the committee. We will review the membership agreement, virtual welcome opportunity for new members, and offer the sign up sheet multiple times during the meeting through the chat as well as with the Zoom link that Juan Carlos sends out.

Fernando updated members about the Website committee. Every time an organization presents, they will also have an opportunity to share 3 or 4 messages via LHC's social media platforms. The committee also decided to involve the student leadership groups to post more regularly. Please also update website information since we'll go back to in-person events, etc.

Meeting adjourned at 11:35 a.m

My name is Christian Pelayo and I am a researcher within the Department of Ophthalmology and Visual Sciences at the University of Wisconsin School of Medicine and Public Health. As promised during today's general meeting, here is the information about the ongoing study I mentioned. Along with Dr. Yao Liu and Dr. Maria Mora Pinzon, I am currently working on a project with the objective of culturally adapting the existing teleophthalmology program for diabetic Hispanic/Latinx patients in Madison, WI, and **we are looking to interview diabetic Hispanic/Latino patients that live in Madison to learn about their opinions surrounding diabetic eye checks.**

I have attached our recruitment flyers in English in Spanish. **I would greatly appreciate for you all to share them with the people you interact with that might meet these characteristics:**

- Are 18 years of age or older.
- Identify as Latino or Hispanic.
- Have diabetes type 1 or type 2.

Individuals that participate in our 1-hour interview in person and will receive \$30 dollars for their time. Additionally, we will cover costs associated with transportation or caregiving. **Interested candidates can reach me at [cpelayo@wisc.edu](mailto:cpelayo@wisc.edu) or (608) 265-5777.**

Our goal is to increase eye screening and decrease visual impairment among diabetic Hispanic/Latino patients in Madison, WI. To give you a better idea of the work that we are doing, I took the liberty to add some information below about why early screening is important and how improving screenings are important for our community.

#### **What is teleophthalmology?**

- Teleophthalmology allows a patient to have their eyes checked by a doctor even hundreds of miles away using cameras, smartphones, and other new technologies.
- Therefore can increase access to eye specialty care in our communities because patients don't need to travel long distances.

#### **Why is it so important for patients to obtain early screening?**

- Diabetes can cause damage to the eyes and result in vision loss.
- Diabetic eye disease is the #1 cause of blindness among working-age adults in the United States.
- 90% of severe vision loss from diabetes is preventable when discovered and treated early.

#### **Why is important for Hispanic/Latino patients to obtain early screening?**

- Latinos have the highest rates of visual impairment and blindness of any ethnic group in the U.S. and more than 50% of Latinos will develop diabetes in their lifetime.
- Approximately 34% of Latinos with diabetes have diabetic retinopathy, 95% of which is undiagnosed and undetected.

Of course, don't hesitate to reach out to me if you have any questions. Thank you!

#### **Christian Pelayo, BS**

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