



Latino Health Council

Join Zoom Meeting

<https://us02web.zoom.us/j/87944142979>

May 25, 2023

9:30-11:30

0. Meditation exercise

1. Introductions/checking in

Present Participants: Ana Karina Cuellar Montes - UW Health Breast Center, Patricia Tellez-Girón - Dept. of Family Medicine and Community Health, UW Madison SMPH, Kenton Zink, Holly Castañeda-Agrace, Shiva Bidar - UW Health, Mildred Bautista PHMDC, Fernando Cano Ospina RISE, Evy Storto-Journey, Jhonathan Real UNIDOS, Sheila Specialty Care Free Clinic, Sachin Gupta Center for Patient Partnerships, Francy Castiblanco - Centro Hispano, Laura Larracilla, Group Health Cooperative of South Central Wisconsin (GHC), Rebeca Liebl, UW Department of Family Medicine, Juan Carlos Cabrera LHC, Mildred Bautista Public Health Madison and Dane County, Nikeya Bramlett SSM Health, Elizabeth Ringle Wisconsin Medical Society Foundation.

2. Minutes (approval/corrections)

2. Announcements

- **Kenton Zink**– Elder Specialist Program, everyone 2 months put on “Welcome to Medicare” seminars. There will be a seminar coming up on November 11th 9-11:30am, and looking for other venue options to reach other folks in the community. Typically they are at senior centers and in English but if enough folk are interested can be hosted in Spanish. Typically are designed for folk who are turning 65 and getting ready to enroll in Medicare. Also get to touch on other resources like Medicaid and senior care. For more information you can reach: zink.kenton@countyofdane.com
Question: Have you been working with New Reach?-Patricia Tellez
Yes, connected with them and talked about doing one of the sessions in Spanish and there is staff who do these presentations in Spanish. Working with them to provide a session on Medicaid with the group at New Reach and will continue gathering more information to make sure Latinx seniors are informed about resources and understand the information given. There is a lot of information out there that often seniors get lost and are not able to adequately access the resources available to them.
- **Ana Karina**-Invite everyone to Susan G Komen More than Pink Walk, Saturday June 10th at Willow Island, Alliant Energy Center, Madison. They will have a table there and offering cancer screenings for folk who are not insured. Starts at 7AM, and registration is free! To join the UW Carbone Cancer Center/Breast Center team page: <https://www.komen.org/>

- **Holly Castañeda**-Information on grief information there is now a powerpoint presentation in Spanish via Zoom. Touches on the basics of grief and if interested in scheduled contact Holly (608) 327-7024, holly.krookcastaneda@agrace.org. Sunday June 4th, Race for Agrace is a 5K walk/run that benefits the grief support programming, it's \$10.00 participation fee. For more info: <https://www.agrace.org/event/race-for-agrace/>

No more announcements

4. Old business:

- MHCC 4/22/23: Conference was extremely successful, had 120 people attend and folks were so excited to finally be together. Thank you Juan Carlos for helping coordinate with the church and cleaning up after. Volunteer group was amazing, had high school students, pre-med and medical students. It's really helpful for them to attend these type of events because often times students feel like they don't belong, they only see a few other Latinx students in school and when students get to build with the community it's powerful. Thank you Fernando for supporting and presenting, also Santa Maria Luther Memorial because they have been great partners and providing education to the community and are flexible with the topics. Evaluations were really good from participants and due to the success in the event we want to explore if we can do next events together. These are the Health Fair & Chronic Disease Community Conference, for these we couldn't find a big enough venue that could fit both so these events are happening separately.

Final dates for the LHC events for 2023

- MHCC: 4/22/23
- HF: 09/09/23

The next one coming up we really need everyone's support here because we would like to have folk who can help out with the Health Fair.

- a. Shiva (UW Health) and team could provide cholesterol and diabetes testing and if they are not able we might reach out to SSM.
- b. We'd like to call upon many of you for support, for example in the past we've had the Edgewood nursing students come and do blood pressure
- c. We'd also like to reach out to Fernando to secure eye exams for the community and help coordinate materials that we'd need for the event
- d. GHC to support with a dermatologist and interpreters (including SSM, UW Health)
- e. Public Health to support with health education resources for the community in Spanish
- f. Family Medicine Residents come and support do "as the doctor"
- g. Juan Carlos support checking with the church to see if we can set up in advance (day before)
- h. We need volunteers from the group putting together bags with informational material for attendees, setting up the place, volunteering the day of the event
- i. Fernando will be creating the sign up sheet and really need support Friday 09/08 we're looking to have at least 10 volunteers. The day of the event Saturday 09/09 it is important to have bilingual volunteers just helping move folks through the screenings so it will be helpful to help

folk navigate the fair. Also this place is a new venue, it will be nice to have extra volunteers this time.

- j. Calling upon student volunteers that can help with childcare, transportation logistics, etc.

A reminder from Patricia that it's important to enjoy the event and be flexible, it's amazing we get to be in community again and feel like family.

Mildred PHMDC-Offering HIV clinic on site and Patricia sending information so this can happen at the event

- o CDCC: 10/21/23

Same format as Mental Health Community Conference so will be reaching out to this group to recruit presenters around wellness education to prevent heart disease, diabetes, etc.

- o Teen bash: 11/18/23

Patricia is working with folks on her department, this is a smaller event that centers youth participants.

- COVID updates: Emergency is done and a lot of things are changing and learning how this will influence Latinx community. LHC is working to provide testing, vaccines and information. Patricia is seeing more providers getting COVID and this is impacting services, so this will be an ongoing topic of conversations for a while in this group.
- Consulting: Air Quality project group has already meetings with the city to develop strategies to continue working with the Hmong and Black communities. Have already sent paperwork that's required for the project and looking to see this go through in the summer. In July the project team will come present to this group so they can provide information about the why/what. In the future this will be important so the group can think about ways to engage the community via focus groups, etc. Patricia is working with a student who will be serving as the point person for the project for over the next 3 years. Patricia says this project is setting the precedent to continue working with the city and also it's a great opportunity to work with the Hmong and Black community. Team will continue meeting monthly.
- Through WI Medical Foundation LHC received a grant, Shiva, Fernando and Patricia will be providing seminars on how to provide care for Latinx community around mental health. Will talk how immigration impacts the way folk receive care. Exploring what the barriers are and the positive things that the community has. Have dates for July and putting together the platforms to make this happen. Once all the material is ready, they will send them to the group so folk can attend the seminars. Are thinking about recording the 1.5-2 hour sessions to provide this to other people.
- Mentoring: Have many resources to support student around community experiences and now have a strong group of volunteers that are going from high school to residency. 2 students that applied to medical school got accepted this year and 2 more applying for next year. Having first student that is graduating from medical school and applying to the Department of Family Medicine next year. New program with Reach and Family Medicine funded a student to attend the NHMA and now have a lot of funding for student to have summer experiences, conferences and working with a student to work in the summer and getting paid to work alongside Patricia. With MOLA they are hoping to support more students.

5. New business:

- RISE Wisconsin presentation

RISE came together in 2017 as a combination of 2 community organizations that have providing services in the Dane Co. area for over 40 years. Community partnership and Center for families are those organizations. Center for families exec. Director was transitioning out and org was thinking about joining community partnerships with current directors, in 2017 that became a reality and now have a new location.

Programs at RISE are 9 in total:

- Respite Center: longest running program with 44 years providing emergency style care for children 0-14. This is not a childcare place but rather for emergency and respite care. Meant for families who have a medical emergency who need a safe place for their children and are not certified for over night visits. This is an emergency, crisis childcare and have space for children under CPS in case there's emergency at home and kids need to be placed in safe environment until it's safe for them to come back home. Particularly families with kids with special needs may not have the ability to take a break and respite can support give caretakers a break. Through an intake process families are able to receive those services, this can be planned in advance like things for job interviews, self care days, etc. and also have bilingual staff. It's important this group gets familiar with the program and Fernando offers site visits for those who would like to come and check out the center. Respite center is 24/7 and only day they close Sunday mornings and Wednesday mornings for staff meetings. If there's a last minute emergency in house, the center can still take the call and if they can't provide immediate assistance they can help families find other resources.

Questions?

Araceli-Grateful to Fernando, her team have been very successful to refer a few families there and their experiences have been really great.

Early Childhood Programs

-Early Childhood Initiative: works within particular areas of Dane Co. (Allied Drive, Leopold, Northside of Madison, SW of Madison, SP and Marshall, Verona areas) each of these areas have bilingual or Spanish speaking staff. They do not have limitations for documentation status. Families have to be in that zone to come to ECI program. Program works with families 4-5

years, family support specialist usually have 10-12 families and meet with them monthly. Criteria for folk to be able to get to ECI are pregnant individuals for 2.5 years. This is a volunteer program so families don't have to do it and are providing care coordination to folks who are working on their immigration status, education, mental health, etc.

-Welcome Baby & Beyond: This program does not zones. This program can work with any families with any families outside of the Madison area. This program has less funds to do some of the wrap around services but RISE works to complement this with discretionary funding to be able to provide care for children for those 2.5 years.

-Parent Child +: This is a literacy program where kids need to be 2-4 year old and is two visits a week of 30 mins, although sometimes visits may be 1 hr depending on families need, program works with families. Every week get free books, toys and idea is to prepare kids so they are ready for 4K and 1st grade. Having success in early education has huge positive outcomes in the development of child and success in education therefore the workforce and overall family wellbeing. Concept is to provide support the parents with tools so they get to be an educator and nurture those relationships with the families. All programs have mental health components but also have some that are more specialized for example with AODA, anxiety, depression etc. Program provides care coordinator and can have those resources can be at home or connect families with other providers in the community.

-Children Come First: This program was present for 20 years in Dane Co. but sadly the county decided not to pursue this program with funding from the state. This was a state funded program to be able to provide services for youth to keep youth with mental health diagnosis in the community, prevent hospitalizations or help those kids coming out of hospitals or criminal justice center. Program paid for hospitalization as well but this program no longer is funded by the county to it has pivoted to provide community comprehensive services facilitation. Are increasing CCS capacity, specially Spanish and Hmong speaking staff and are 1 of 2 agencies that will have Children long-term services together with CCS so some of the kids that qualify for CCS and qualify for CLTS. Hoping to have 6 staff doing community long-term services and just hired 1 staff for that position.

Employment opportunities:

-3 bilingual/bicultural positions (at least one of this position would like to be in Spanish) and have lived experience

-Family Specialist

-Early Learning Specialist

-Welcome Baby

Questions/Feedback?

Patricia: Is there a long waitlist for the programs?

For CCS and CLTS programs are not allowed to have waiting lists so need to inform families right away if there's not capacity. At this moment RISE is opening up capacity for CLTS, for CCS they are receiving referrals everyday but don't know how many people are already registered. Every families that required services needs to go through the county. As systems CCS program are lacking for communities who are Spanish speaking or folks with other languages. RISE is trying to collaborate with other orgs and sending referrals to Journey, Anesis, etc.

Araceli: What is the number of the county and what are some examples of the services that these programs provide?

Particularly with CLTS working to connect new sensory sound to be able to have participants have access to those, also are doing service facilitation to connect them someone who can support learn activities of daily living (cook at home, apply for a job, etc.) Also internal team that can connect with therapist.

Last notes:

Will keep group posted about presentations coming up and will be available to anyone who is working with Latinx community.

Congratulations to Patricia Tellez for being awarded and recognized as one of the top doctors at UW

Article link about colleague Patricia Tellez:

<https://www.med.wisc.edu/quarterly/>

-Quartz presentation

Meeting adjourned

Next meeting: **June 15, 2023 (virtual)

Presenter: - Alzheimer's Disease Projects / Resources
-Agrace Hospice &Supportive Care

Minutes: Rosa Rhoden ??