

Latino Health Council Meeting – June 18, 2020

Notetaker: Cecilia Goldschmidt, Canopy Center

Meeting took place through Zoom and was called to order at 9:30 am.

Patricia and Shiva shared wonderful news from today- Supreme Court decided against Trump administration, so DACA continues! This means so much to so many people, including PALMA and med students, some of whom are DACA recipients. We can celebrate for our DACA recipients who have done so much in our communities!

The Supreme Court also made a huge decision this week on LGBTQ issues. Sexual orientation and gender identity are protected classes. Individuals cannot be discriminated against in their employment based on sexual orientation and gender identity.

Marta Saucedo led a short meditation and Patricia Tellez Giron, MD led introductions.

Members: Patricia Tellez-Giron, Shiva Bidar-Sielaff, Fernando Cano, Chris Chapman, Evelyn Cruz, Cecilia Goldschmidt, Nina Gregerson, Katie Hensel, Kristi Jones, Faatima Khan, Maria Mora Pinzon, William Parke-Sutherland, Judith Rasmussen, Elizabeth Ringle, Sylvia Eugenia Ruiz, Arely Tinoco, Rodigo Valdivia, Saulo Castellano, Julio Molina, Martha Saucedo, Jacqueline Zuniga, Rosario Rhoden, Anne, Juan Carlos, Evelyn Storto, Chelsea Tibbetts, Christopher Mullen, Abigail, Kari Sievert

Update: Juan Carlos has been offered to be the first Administrative Assistant for the Latino Health Council. Patricia immediately thought of him as being a great candidate for this part-time position (10 hours/week), and he was invited to the meeting today to help him with making his decision about the position.

Minutes: Fernando moved to approve May 2020 minutes. William seconded. May 2020 minutes were approved.

Announcements:

If you are not getting the LHC emails still, please let Patricia or Brenda know.

Katie Hensel- This weekend Tri 4 Schools is hosting an at-home event for children and families. It is called Unstoppable Families Race. Anyone interested can sign up on the website through Saturday. Participants can sign up to bike or run. Money goes to support health and wellness programs at schools. Schools decide where the funds are most needed. They have gotten feedback from the community that these events have been very positive for families.

Sylvia Eugenia Ruiz- Recognizing the importance of being present in our lives. I offer mindfulness in many different settings, including the UW Health Mindfulness Program. Sunday, June 28 I invite you to a self-actualization mindfulness program. It will be in English. I will share the information through an email. I hope to see some of you there. Link to UW Health Mindfulness information:

<https://www.uwhealth.org/meditation-stress-reduction/mindfulness-based-stress-reduction/49607>

Chris Chapman- Reminder that we have an open position for an RN at our main HIV Clinic. If anyone is interested, you can send Chris any questions. Job posting link:

https://eimy.fa.us6.oraclecloud.com/hcmUI/CandidateExperience/en/sites/CX_1/job/5386

Old business:

2020 sponsorship request

We sent out the sponsoring emails but we have realized some organizations are behind in sending funding. So far we have gotten sponsorship from UW/Quartz/Meriter. Arely will check on GHC and believes they will be increasing sponsorship. We understand that some organizations are delaying what they are doing because of big changes related to the pandemic.

Patricia asked Dr. Mora about the Alzheimer's Foundation to see if they are thinking about sponsoring again in the future. Dr. Mora had reached out to them and will follow up again this week.

If everyone can reach out to their own organizations to follow up about sponsorship, we need all of the assistance that we can get in order to do all of the initiatives that we are doing with covid-19 and for future projects.

Should Anne resend the original sponsorship email out to all organizations? Patricia suggested *not* to send the original message out because things have changed with covid-19. The message has changed. Instead, folks can follow up with their own organizations for now.

COVID updates

Fernando- ***update on LCA mental health project***- we originally thought this project would be rapid response and short-term, but the program is going to evolve to continue for the next 3 months as we have realized there is still a big need. We are delegating responsibility to one of the students of Dr. Mora- she will be the main operator of the program. The program will continue to be volunteer-based. There are currently around 15 volunteers, the majority of whom are therapists. Martha has assisted people who need longer-term therapy to get connected at Access. Referrals are made from organizations who are part of the Latinx Consortium for Action. Volunteers will now ask clients if they would like a second call and will schedule those calls with the same volunteer. We are now limiting it to 2 calls. After that second call, if the client is still in need of support, the operator of the program will set the client up with a call with another volunteer. We are hoping that the next step (long-term goal) will be to work with Clinica Latina through Journey in order to be able to continue offering this to clients.

Part of the reason we are delegating day-to-day coordination to students is because of how busy we all are but also because it allows Fernando to focus on providing emotional support

and trainings on compassion fatigue for providers. Fernando provided a training to the Latino Academy that they reported was very useful to them.

If other organizations that are working directly with the Latinx community want trainings around compassion fatigue, reach out to Fernando.

Patricia suggested having a more informal LHC meeting to connect about supporting one another

Shiva-**update on LCA fund**- fund is almost at \$700,000 right now. We are continuing to process applications right now, which involves reaching out to all applicants and processing checks. People can still donate right now and apply for the funds.

Shiva and Patricia informed about the **CARES Act funds through Tenant Resource Center**. TRC was given \$10 million to help people with funding for rent assistance. They are working with the LCA. There are no restrictions based on whether someone is documented or undocumented.

Patricia and Shiva have done several radio programs, including with MMSD. They will be doing a program with the Mexican Consulate, and information will be on the LHC Facebook page.

Make sure to check out and follow the Facebook page!

<https://www.facebook.com/LatinoHealthCouncil/>

Fernando and Martha have been creating weekly youtube videos that are posted to the LHC facebook page:

https://www.youtube.com/playlist?list=PLU74I6IU6JN_NydKySvQM-LzMIVsvV7Xb

Patricia discussed an initiative with Palma and LMSA on **messaging to reach the youth through social media to support them during the pandemic**.

Safe Latino Businesses Initiative- Latino Chamber of Commerce is identifying businesses that are willing to be trained to be safe businesses regarding covid-19. We will put up posters at those businesses and give them masks and flyers to give out. This will be advertised on Facebook and will be a way for families to have a better sense of where they can shop that is focused on safety. We currently have 1000 masks to distribute and posters in Spanish from the CDC. They are open to receive mask donations in order to expand the number of businesses that they collaborate with.

New Business:

Discussions with Public Health Madison about doing more testing. Almost 33% of positive covid tests in Dane County are Latinx people. We need to address this.

We stand with the Black community for racial justice. The LCA has released a statement supporting the movement.

For our next meetings, we will continue to have presentations from other organizations. Some of the organizations that originally signed up to do presentations can no longer do them. ***Please contact Patricia if you have something that you want to present about that your organization is doing to address covid and to support the Latinx community.***

Presentation by Chelsea Tibbetts with WI Women's Health Foundation on the Well Badger Resource Center

****Patricia has a copy of the slides and will email them to LHC members****

Some notes from the presentation:

Well Badger Resource Center: Wisconsin's Health Information and Referral Program

- Chelsea is open to doing future presentations at other organizations if there is interest, and her coworker Kristy may do a presentation for LHC in the future around how their programs provides training around issues that affect the Latinx community as well as recruitment of bilingual, bicultural staff
- Well Badger Resource Center is open and free to all in Wisconsin
- Home to 3 public health helplines: Wisconsin MCH Hotline, Wisconsin First Step, and Wisconsin Informed Consent Helpline
- 3 main goals: Increase utilization of services, improve health literacy, and advance health equity
- Individuals can get connected to Certified Resource Specialists for one-on-one assistance or use the Online Directory to find resources more independently
- Health professionals can contact on behalf of a patient/client
- We receive a wide variety of questions from callers and will try to assist with any questions
- We have a number of Latinx and undocumented individuals who contact us, and our staff is happy to assist everyone. We have interpretive services.
- People are welcome to contact anonymously if they feel more comfortable with that.
- Online, searchable directory- an average of 1400 users each month -was newly available, only available in English at this time
- Can join their listserve for quarterly updates- www.connectwithwb.org
- Covid-19 response-
 - scaled up staffing and increased training
 - developed Well Badger Link- long term email and text communication with individuals to stay in touch
 - more resources in online directory
 - developed online Covid-19 resource guide for families
 - Regularly updating online directory about agency changes due to covid-19 so that the directory is as accurate as possible

Meeting adjourned at 11:30 a.m.

Next Meeting: July 23, 2020 (through Zoom)

Minutes: Hannah Flanagan