



Latino Health Council

MMSD at Wingra Clinic
1102 S Park St
April 28, 2016 9:30-11:30

0. Continental breakfast

1. Introductions

- **Attendees:** Patricia Tellez-Giron, Yolanda Salazar, Lizzie Nettesheim, Kristi Jones, Jeff Golden, Judith Rasmussen, Kirsten Norslien, Robin Lankton, Elena Kennedy, Abigail Liedl, Martha Saucedo, Stephanie Johnson, Karmine Perez, Lindsey Karls, Chris Chapman, Rebecca Ramirez, Janette Deloya, Sarah Parrell, Dennis Perkins, Ginger Francis, Sara Camacho, Anna Kaminski, Jessica Ecker, Erica Pi, Andrea Nino, Christian Hernandez, Anne Plesh, Fernando Cano, Brenda Gonzalez
- Motion to change agenda to accommodate MMSD schedule needs, first presentation then business, seconded and approved.

2. Minutes (approval/corrections)

- Anna moved to approve the February 2016 minutes. Jeff seconded. Motion passed unanimously and the minutes were approved.

3. New Business: MMSD Presentation:

- Rebecca Ramirez, Janette Deloya, and Sarah Parrell provided an introduction to the services of the Office of Student Physical, Mental and Behavioral Health, which was created to look at children's health.
- In their presentation they covered these agenda items: 1) Parameters of practice, 2) Multi-tiered system of support, and 3) Spotlight on practices
- Three years ago (2013) was the end of a 1.5 year process in community-initiated mental health task force that came together to look at what a comprehensive school community mental health plan would look like for children in the county.
- 23 recommendations came out of that process including a plan.
- Rebecca talked about practices and programs and supplied a brochure that goes over this information too.
- Janette showed a public health model blueprint of a multi-tiered system of support with universal services for all, tier 2 services for some and tier 3 services for few.
- Universal includes a universal screening; social emotional learning based on standards; mindfulness; responsive classrooms & developmental design evidence based model to train teachers on climate and community, collaborative problem solving is a conversation of three steps 1) empathize 2) intentional about relationship building 3) reasoning; regulation after reasoning and thinking; motivational interviewing professional development; trauma modules to increase the awareness of trauma.
- Tier 2 includes SBIRT (Screening, Brief Intervention and Referral to Treatment), school & FACE-Kids (Five+ Agency Cooperative Effort) groups, CBITS (Cognitive Behavioral Intervention for Trauma in Schools) program for those in 6th grade.

- Tier 3 Coordinated care, behavioral health in schools, building bridges, IST
- Parameters of practice: school, family, community, restorative, equitable available to all, continuous data loop, culturally and linguistically responsive
- Universal screening is done by different roles in the school. Trauma Screening done to all 6th graders in different languages, universal screener in 8th-9th grade for depression done in health classrooms and staggered over the year, teacher referrals for screening in elementary schools
- Call towards cultural and linguistic response is due to ability to modify, what went well, what did not go well, how can we improve moving forward.
- School district partnership with national equity to provide opportunities around racial identity, language
- This is something bigger than the school district, standardization can create issues
- This blueprint is not just a school model, but instead a school-family-community model which covers more factors, this is a community issue and needs to be a community solution here as well
- Intensive support team, about 20 members this year, central office team available to support individuals in schools, teachers, SWs, OTs, RNS, psychologists, MH professionals, administrators
- Building Bridges 2014-present, a multi-district short term stabilization program 90 day wrap around program to secure mental health services, 4K-8th Grade and small caseloads, voluntary family participation
- Blended funding from Dane County Human Services and school districts, families have to voluntarily enroll in this program, only exclusionary factor is they cannot be participating in Children Come First program due to duplicative services
- Works with family in all insurance situations at behavioral health services, but these services are available through funding
- Behavioral Health in Schools: target population students with intensive mental health needs who have barriers to services (family, school, provider, insurance)
- Three schools were selected for pilot program, evaluated readiness and need to select schools, funding includes healthcare, MMSD, grants, Catholic Charities.
- Community schools will do a needs assessment and resource mapping to determine what the components will be, may have components for parents
- Referral to behavioral health professional comes from school but not disregarding established medical home or primary care
- Feedback: traditionally Latino families are not regular participants in assessments for many factors, community liaisons are very important, how can we establish better relationships with MMSD to help with this process and cross-promote events like the mental health community conference? Centro Hispano is working on program related to health and in planning sessions now. How can we collaborate? How can we improve this system to address the overrepresentation of disparate populations (Latinos, black, LGBT, etc) in more extreme mental health services by doing a better job early on?

4. Announcements/check-in

- Proposed new date for October meeting: October 27th, no conflicts, date changed unanimously.
- The Epilepsy Foundation holds dinners to discuss different topics and next month Dr. Kristin Seaborg will be discussing parenting with epilepsy (both parent with and parent of child with) at River Walk Pub in Wisconsin Dells at 6:00pm. They will also have their 35th annual advances in Epilepsy treatment conference on May 20th at Marshfield Clinic from 8:30am to 4:30pm.
- The Trauma Informed Care Consortium will be hosting two viewings of paper tigers, here in Madison the viewing will be at memorial high school on Thursday May 5 from 6:30-9pm.
- The Center for Patient Partnerships, which trains graduate students in patient advocacy, provides services to patients regardless of location, they are glad to be part of LHC again.
- Gilda's club passed around an updated brochure and calendar flyer about events in May and June.
- Mendota is hiring for many positions, they will be opening a new unit and the Psychologist Supervisor position was just posted on Wisc jobs.

- Medic Clinic has a “Movin’ for MEDiC” 5K Run/Walk on June 25th, 2016 at 9:00 am at the UW Natatorium, 2000 Observatory Dr.

4. Old business:

- Mental Health Community Conference: Yolanda did a great job planning and recruiting, 169 participants were there between kids, participants and volunteers, roughly 140 were participants, children did amazingly, actively participating and engaged, one of the best years ever!
- Some things that were done differently were that that Dr. Tellez sent letters to her patients and Lizzie made calls to people to remind them of the event the week before, this helped improve participation.
- Feedback on the evaluations from the mental health community conference will be reported at the next meeting. People seemed to love Fernando the main presenter, good reviews on other presenters.
- This was our 9th one of these events; next year it will be the 10th anniversary of this event.
- Special thanks to Andrea and Lizzie who were instrumental during the event and did a lot of coordination, made sure the rooms were ready, children are going to the right place.
- Volunteers were there from all over, but there were teenagers who wanted to help volunteer and that was great and very promising.
- Yolanda got a lot of registrations for courses with Fernando and Martha because they are well known in the community, their workshops filled up!
- Lesson learned is that workshop names are better when they are short and attractive, so that may help attendance in different workshops in the future.
- There was an incentive program of \$5 for recruiting other people, but only two people asked for this despite many people recruiting others.
- Next event is the Chronic Disease Community Conference and Latino Health Fair on November 5, 2016, we will need a lot of help with planning and execution the day before and the day of the event.
- Fernando can share the slides from his presentation but they need some interpretation, unfortunately it was not filmed, perhaps he could even present to the group in the future at the LHC!
- People trusted each other during the event, they shared their stories, in essence it was a big support group.
- Shiva normally talks about access to mental health services and this year she had a chance to talk about deportation and how to prepare for it - what should you have ready for your family or other friends.

- **Subcommittees’ meetings/updates:**

- **Finance:** letters went out asking for annual payment as well as sponsorship for activities in 2016 to help move the needle on our fundraising, UnityPoint Health Meriter Hospital donated \$1,500 plus their dues, as did Dean/St Mary’s.
- **Membership:** no updates, meeting in May or June and will report back, brochures are available for agencies that may be interested in joining us (brochures are for potential members/member organizations, not to client base). Certificates made for all organizations will be handed out. Thanks to Lizzie for helping with this!
- **Website:** Still working on putting members onto website, now Facebook link is on the website, now member organization is now by letter so you can jump down to your agency. There will be a health services tab that will include social services and health services. The social services tab will have a list of national organizations. The new 2016 member contract is on the website, contact information for all members is uploaded on website for members only.

Next meeting: May 26, 2016 at Wingra, Madison Area Midwives presenting
Minutes: Martha Saucedo