



Latino Health Council

Wisconsin Council of the Blind and Visually Impaired

Hosting at Wingra Clinic
1102 South Park Street
March 23, 2017
9:30-11:30

0. Continental breakfast

1. Introductions

- “Celebration and feeling happy beginning of the meeting”
 - Health Watch WI awarded LHC “Outstanding Outreach Effort Award”. Sarah Camacho nominated.
 - Hugs
 - Name, organization, find the “weirdest thing” you have, or “valuable”
 - Meghan Rentschler, Cecilia Goldschmidt, Stephanie Johnson, Karime Perez, Elaine Rosenberg, Mary Elizabeth Bathum, Sara Camacho, Hannah Flanagan, Fernando Cano, Lizzie Nettlesheim, Rodrigo Valdivia, Jeff Golden, Alia Stevenson, Anne-Louise Plesh, Shiva Bidar-Sielaff, Robin Lankton, Patricia Tellez-Giron, Abigail Lied, Andrea Niño, Kristi Jones, Judith Rasmussen, Yolanda Salazar, Kari Sievert, Aracely Portillo,

2. Minutes (approval/corrections)

- Jeff moved
- Fernando second

3. Announcements/check-in

- Event March 18th, Family Emergency Plan: **Shiva** –51 Families, apx. 200 people. Great group of volunteers. Families interested and thankful. Diverse group of volunteers. Therapist present, many families spoke with them. Also lawyers present. Learned a lot. Standardizing process to replicate numerous times in the community. Number of people observed, including Access and Wingra, in order to replicate. Emotionally draining. But concrete and useful. Families with children with disabilities, very concerning about what would happen if they were not present. Fernando was the flow manager, directed people, so flowed smoothly. Good process. Notaries were present to notarize documents. Will share standardized documents and stations/process when complete. **Patricia** – Was striking to see how many families were interested in counseling. Example: The family never travels together, as a strategy, so if one gets taken the other one will stay behind. To protect kids. Have advised kids for

now to be in school as well. Lots of feelings of relief along with the stress, but to know that they are prepared. **Karime** – Centro Hispano has had 2 sessions, but as soon as there is a session, they are full. They are not promoting, just clients of Centro at this time. **Yolanda** – Worried about seniors. There are plans for children, but not for seniors. Who will take care of them? Has NESCO made plans? Did not see any seniors at the event. Need information specifically for seniors.

- Questions: Has there been a forum for providers about what providers should say to protect clients? Facilities have been getting advice from lawyers. Also signage that says “everyone welcome here”. Low risk for ICE entering schools or medical facilities, but may be outside.

4. Old business:

- MHCC April 8
 - 10th year anniversary of the conference. Edgewood/MG&E sponsoring most of event. **Patricia** - Giving a positive tone, to combat stressful times. Empowering people through education and knowledge. **Fernando** will do main presentation. **Shiva** is going to talk about emergency plan. Preparation may relieve some stress. Example, do not have to open door, right to remain silent, etc. **Patricia** – Are seniors isolated more? Neglected? Session on stress management. Strategies for resilience. Also self esteem session. Also discipline session. And Zumba session. And how to make realistic plans for your future. For kids, will be exercise, nutrition, and meditation. And session for how they are feeling. Mariachi and good lunch. Don't need a lot of volunteers. But you can come to see the energy and listen to the talk, you are welcome to come. Palma will be heart of volunteers for the event. **Yolanda** – 127 people for conference (32 Latino seniors, 22 children 1-6 years, 43 7-13 year olds). Many registered at Family Emergency Planning event.
- Funding follow up
 - Funding for Mental Health Community Conference: **Patricia** –: \$3000 from Edgewood, MG&E \$1500.
- Breast Cancer project June 17,2017
 - **Andrea** – student who got a grant, \$6,600. Training (5-8) stylist in Latino community about basic information breast cancer. Will also have resources to distribute. Talk to clients. Event planned for 6/17/17 at Bethel from 4-7pm. 2-4pm stylist services. First 40 will get free make-up, cut, or style. Event will be a dinner; will have childcare, and transportation free of charge. Please suggest speakers for the event. 30 minute presentation. Couple of testimonies with breast cancer and their journey. Many providers will be present including Well Women, Gilda's club, Planned Parenthood MCCC and **Shiva** will be talking about access to services. Going to follow health promoters for a year. Going to keep track of how many people they are seeing and well women will keep track of referrals. **Patricia** – did 2 hour training for students who are taking the lead, on community and event organizing. If you are interested in having a role, contact Patricia. **Fernando** will be there to help with organization.

- **Patricia** - BSP – free care for members in community. 80% of the people they are serving are Latino. Providing shadowing opportunities for pre-med students. They also have need for bilingual students. They have every specialty. It's a consultation; they have to be referred through primary physician.

5. New business:

- Wi Council of the Blind and visually Impaired presentation
 - State-wide non-profit. Been in existence for 65 years. Have never received state or federal funds. Services are legislative advocacy, including transportation funds, employment for people who are blind, and education. Do in home services. Do not ask for proof of residency. Can provide interpreter services. Have a store in office, including magnifying devices, lamps, sunglasses, large print items, kitchen products, talking medical devices, and pill organizers. Do low vision evaluations, \$80 cost. Assesses what they may need (lighting, color, contrast, etc), how to mark appliances, etc.
 - Handed out information for financial assistance, & Lion's Club information for free visual screens.
 - Store hours 8am-4:30pm weekdays.

Meeting adjourned

Next meeting: April 27, 2017
Meeting place: MMSD (at Wingra)
Minutes: Tehmina Islam