

LHC February 2016 Minutes

Meeting called to order at 9:30 am. Gratitude expressed to Wisconsin Council on the Blind and Visually Impaired for breakfast.

Members Present: Anna Kaminski, Claire Culver, Martha Saucedo, Chris Chapman, Lilliam Post, Anne Plesh, Dennis Perkins, Noelia Breitman, Tehmina Islam, Sara Parrell, Alinne Ramirez, Yolanda Salazar, Leslie Ptak, Rosario Angulo, Katie Hensel, Christian Hernandez, Patricia Tellez-Giron, Nik Vakil, Ellie Kennedy, Kristi Jones, Judith Rasmussen, Shannon Ruiz, Jean Kalscheur

Introductions: Patricia asked members to introduce themselves, where they work, and what they like to do for relaxation.

Minutes: Martha moved to approve the January 2016 minutes. Kristy seconded. Motion passed unanimously and minutes were approved.

Announcements:

- Anna announced an ABC for Health 9th annual conference on April 6th and 7th. Early bird registration ends on Monday, February 29th. She also notified the group of online case tips in Spanish (Health Connect) on their website.
- Kristy announced a run on June 25, 2016 that is a fundraiser for the student free clinics.
- Noelia announced that March 31st, Gilda's Club is having a colon cancer lecture and a tour for Exact Sciences. Please register online at Gilda's website.
- Noelia also announced that the Canopy Center is seeing a much larger percentage of Latino children since November. Forty percent of the children are Latino and 10% speak Spanish only.
- ARCW is having a Bingo fundraiser at Sheraton on Sunday, February 28th at 2:30 pm.
- Planned Parenthood is having a sexual and reproductive health conference in Milwaukee on March 17th and March 18th.
- Lilliam will send out information about a cancer support group on March 3rd from 5:30 to 7:30 pm at Catholic Multicultural Center.
- Katie announced that her afterschool program is now incorporating Badger Rock and Lincoln Elementary in their 5K running program.

- Tri 4 Schools is one of the beneficiaries of the Crazy Legs fundraiser for an after party for \$10. TeamSupreme.com is the website to find more information.
- Unidos received funding for a 24-hour Spanish-speaking crisis line. They are also training volunteers how to de-escalate a crisis situation from intimate partner violence of suicide. Sexual Assault Awareness Month is coming up in April so look out for activities that are happening in the community.
- ARCW – in addition to their main medical clinic, on Mondays they offer a PREP clinic where they can offer clients a medication to help prevent transmitting HIV. For example, a person who is intimate with a partner who is HIV positive, would be able to access this medication. The clinic can serve uninsured and insured community members.

Wisconsin Council on the Blind and Visually Impaired Presentation: Judith and Jean gave an excellent presentation about the organization. They are a nonprofit that is statewide though the main office is in Madison. Funding is only through private donors; no government funding. In addition to advocacy support, the organization offers an education component as well as a small store on Williamson Street for various products that help with impairment. They provide direct one-to-one services and there is a rehabilitation specialist assigned to each county in the state. They provide low vision evaluations at the Willy Street location to help assist someone who has low vision to see if there are optical aides that can be helpful. They connect people with resources such as the digital library or the talking books program. Many of the products can also talk back in Spanish, not just in English.

Gratitude was expressed to the organization for embracing the need for Spanish language services and materials even though legally, they were not required to do so. Thank you Wisconsin Council of the Blind and Visually Impaired for caring about serving the Latino community!

Financial Committee Report: Edgewood College will be sponsoring part of the Mental Health Summit; ARCW, the UW, and United Way all have contributed financially this year so we are in good financial standing. The Finance committee will send letters to sponsors again this year. Patricia also reminded the members that their membership fees are due this year. Anne announced that a letter will come through the listserv.

Membership Committee Report: Patricia mentioned that the committee is reprinting the informational brochures. Patricia will check with the online committee to make sure a 2016 Membership agreement is uploaded on the website. The committee has also met to talk about new prospective members.

Website Committee: Lizzie is working on updating the website. She will be working with the Executive committee members to update a Facebook page for the Latino Health Council.

Mental Health Community Conference: This conference does not offer health screenings. Transportation is offered. Childcare is no longer offered but children's activities are offered. The conference includes breakfast and lunch and offers 4 workshops related to the event: family communication, relaxation and stress, self-esteem and motivation, and exercise. The target audience is anyone who is Spanish speaking – community members, professionals, family members. The information is very important! Flyers will be out in the next week through the listserv. Recruitment is the hardest part of the conference – please promote it!

Community Issues: Patricia discussed the March of the Day Without Latinos. Discussion followed with the feelings of lack of safety and insecurity among Latino families in Dane County based on the national political climate and the local climate. Twenty thousand people came to the march and the entire event was peaceful.

Discussion followed about educating community members with resources such as how to prepare if you get deported, how to approach someone who comes to your door, what are your rights if the police stops you, mental health resources, legal resources, etc.

Patricia also discussed how can we meet the needs of the community by including topics and conversation about the current political climate, sexual violence, stress, etc.

Next steps: Patricia will send the flyer through the listserv, reserve the church and the food.

Next meeting: March 24, 2016 at Access Clinic on Park Street across from Walgreens. Minutes: Shannon Ruiz