



Latino Health Council
Join Zoom Meeting
<https://us02web.zoom.us/j/87944142979>
September 28, 2023
9:30-11:30

Attendees: Julio Molina, Judith Rasmussen, Shiva Bidar, Alexandra Carrasco, Martha Saucedo, Ana Karina, Javier Neira Salazar, Lourdes Shanjani, Sheila Olk Martin, Valentina Flores, Laura Larracilla, Nazka Serrano, Araceli, Rodrigo Valdivia, Nikeya Bramlett, Krystal Velasco, Ismae Hassey Nevarezl, Kirsten Norslien, Tyson Rittenmeyer, Sachin Gupta, Elizabeth Ringle, Jacqueline Rodriguez, Amanda Martinez

Meeting called to order: 9:34am

1. **Meditation Exercise:** Led by Martha Saucedo
2. **Introductions/Checking-in:** Share Name, Organization, Phrase of Encouragement
3. **Minutes:** Minutes approved with no changes
4. **Announcement:**
 - a. Welcome Valentina Flores
 - i. Outreach for Dr. Maria Mora Pinzon's Lab on Alzheimer and Dementia Research to disseminate information to the Spanish speaking community.
 - b. Nikeya Bramlett
 - i. Hiring for a Community Health Worker at St. Clare Hospital in Baraboo. Community Health Worker Training will be provided. Link: <https://jobs.ssmhealth.com/us/en/job/R73753/Community-Health-Worker>
5. **Old Business:**
 - a. Health Fair: A success!! There were about 100 attendees. Thank you to all who participated! The tables were amazing. This is an event LHC will continue planning in the future.
 - b. Consulting:
 - i. AQM Project: Opening event 11/30/23. This event will be for feedback and community education. The initial meeting is for leaders in the Latine community to learn more about the project. This project focuses on air quality improvement in partnership with BIPOC communities, the university, and others. Air quality monitors will be place around the city and communities will have a voice on where to place the monitors. A link will be sent out. Dinner, transportation, child care will be provided if needed.
 - ii. Cultural sensitivity training for providers: Dates 10/9 from 4-6pm and 10/16 from 3-5pm. Please share with organizations working with Latine population. Thank you to Elizabeth from the Medical Society of WI. The training will focus on mental health, immigrant issues linking to health issues, health care, etc. This event is free.
 - iii. Mentoring:
 1. Latino Medical Association conference was amazing and felt hopeful! 1,000 Latine students from all over the nation. LHC was able to sponsor several students. The goal is to recruit at least two people to come to WI.
 2. MOLA Chicago 10/13-10/14: LHC will be sponsoring students. Will report back on outcomes and students will report why funding is important for this program.
6. **New Business:**

- a. CDCC: Chronic Disease Community Conference: October 21: Moving into planning for this conference. There will be 4 workshops in the morning and 3 workshops in the afternoon. Topics include Zumba, heart disease, motivation, lifestyle changes, diabetes. All presenters have been secured for all workshops. The kids will also have Zumba, healthy eating, and motivation. There will be transportation, food, mariachi, etc. The Mexican Consulate will be honoring Dra. Patricia with the highest award for Mexicans living outside of Mexico at 10am. The flyer to the event will be sent by email. Actively recruiting volunteers.
 - b. COVID- Update:
 - i. Lourdes: COVID vaccines offered for free by the Public Health Department of Dane County. Just received a limited supply for the updated annual COVID-19 vaccine. There will be locations in libraries for access points and also will be accessible to the south side.
 - ii. Shiva: UW Health is offering Flu, COVID, and other vaccines. Walk-in and appointments are welcome at John Wall Drive UW Health. They are also available on Saturday and Sunday.
 - iii. Please get your vaccines. There is an increase of cases and a new variant.
 - c. Sponsorships: New and old THANK YOU! We are grateful for our sponsors. Upcoming October meeting to discuss upcoming sponsors. Thank you to Lourdes who was able to secure funding through Public Health Madison.
 - d. Gilda's Club Madison-Kirsten Norslien
 - i. Uplifting and strengthening people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care.
 - ii. Cancer incidents are increasing, and survivorship is also going up. There is a rising cost of care, growing social and emotional needs, oncology workforce shortages, and access and disparity issues.
 - iii. Gilda's Club provides support programs, education programs, and engages in creating community. They use a hybrid model which means many programs are on Zoom and also in-person. They serve all cancers and all people. Services not associated with costs or insurance.
 - iv. New monthly support group for Spanish speakers (grupo mensual de apoyo del cancer): October 16, third Monday of every month, 6-7:30pm on Zoom.
 - v. <https://www.gildasclubmadison.org>
 - e. UW Patient Navigation for Reducing Breast Disparities for Latinx-Ana Karina
 - i. Patient Navigation: A resource for women to help resolve barriers and challenges to getting preventive breast and cervical cancer screenings; diagnostic follow up tests and initiation to cancer treatment.
 - ii. Women served: uninsured, women in need of patient navigation services, women with a history of at risk for cancer.
 - iii. Latinx women: Increasing screening rates among Latinx women by focusing outreach on rural areas of Southwest and Southcentral Wisconsin by helping women to make appointments and talk to health care providers. Also, to ensure women are followed up with appropriate care after screening.
 - iv. Email: acuellar-montes@uwhealth.org
7. Last meeting for the year is October: planning meeting, requesting presentations, and confirming event dates for next year.

Meeting adjourned: 11:25

Next meeting: October 26, 2023 (virtual)

Presenter: PLANNING MEETING

Minutes: Anne Plesh

